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#### A Study on Elucidating Obesity and Lifestyle Diseases through the Epigenome-RNA Modification Axis.



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networks

## Purpose and Background of the Research

#### Outline of the Research

In recent years, post-transcriptional RNA modifications (epitranscriptome) and acquired genome modifications (epigenome) have been linked to lifestyle diseases like type 2 diabetes associated with obesity. The epigenome regulates gene expression, forming cellular memory and contributing to disease onset. RNA modifications also play a role, affecting gene expression through stability, localization, translation efficiency, and splicing. Yet, it's unclear if these systems coordinate gene expression.

This study aims to uncover the epigenome-RNA modification axis and apply findings to innovative therapies for lifestyle diseases.

• How this study was conceived: Adipose tissue, crucial for metabolic control, comprises white adipose cells energy storage for nutrient storage and brown/beige adipose cells for heat generation. These thermogenic cells are key targets for

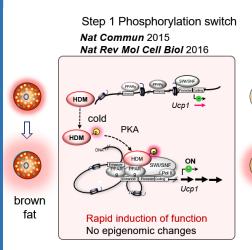
obesity and lifestyle disease treatment. adipose Brown cells, naturally thermogenic, rapidly activate in cold,

Prevent obesity and lifestyle-related diseases cold stress sympathetic Postnatally induced Pre existing form nerves form Beige fat cells Brown fat cells white 00 norepinephrine epigenome rewriting Changes in cellular function Heat production and energy

Figure 1. Cold exposure promotes clustering beige adipose cells in subcutaneous white adipose tissue

expressing genes for adaptation. Prolonged cold exposure induces beige cells in subcutaneous fat, termed "beiging," yet mysteries remain (Fig. 1). Our prior research revealed one beiging mechanism involving histone demethylase (HDM) enzyme activity, an epigenetic modifier (Fig. 2).

Step 2 Epigenome rewriting



Nat Commun 2018, 2022 Nat Metab 2023, iScience 2023 cold PKA euchromatin Ucp1 beige Quality (function) change Epigenomic change

Figure 2. Regulation of adipocyte activity and function by phosphorylation switch and epigenomic rewriting

fat

**HDM** Τn conventional studies, analysis focused on methylation changes, neglecting other mechanisms timeframes. However, specific HDMs act differently: not through demethylation initially, but via protein interactions and chromatin changes (in brown adipose). In chronic cold, they switch demethylation-based to transcriptional control,

"beiging" white adipose tissue.

• Epigenome-Epitranscriptome Axis:

recent years, it has been reported that methylation of RNA during transcription is recognized by reader proteins, recruiting epigenome modification enzymes to chromatin. This represents a new concept where RNA modification controls the epigenome. impact the Epigenome-RNA However, the of modification axis on the onset of lifestyle diseases remains entirely unknown. Therefore, this study aims elucidate the mechanism bν which transcriptional RNA modifications control aene expression through the epigenome and to clarify the relationship between health and disease (Figs. 3 and 4).

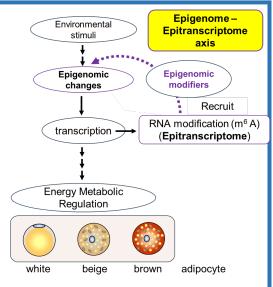


Figure 3. Epigenome-epitranscriptome axis and adipocyte differentiation

#### **Expected Research Achievements**

# RNA Modifications in Adipocyte Differentiation:

Nanopore sequencing and deep learning analyze Post-transcriptional RNA modifications, identifying m<sup>6</sup>A positions crucial for beiging. It also identifies key modifications, their relation to splicing, and RNA-binding proteins for functional analysis. Modomics analysis conducts mass spectrometry-based analysis of RNA modifications to explore stimuli-induced modifications beyond m6A and their association with m<sup>6</sup>A (Fig. 3).

### **Epigenome-RNA Modification Axis**

# in Adipocyte Metabolic Function: Proteomics analyzes interactions between epigenome modification enzymes and RNA modification reader proteins to understand their relationship. It reveals how RNA modification forms complexes with epigenome enzymes, controlling nearby epigenomes

and its link to obesity.

in the Onset of Obesity: Analyzing RNA localization in obese mice due to epigenetic abnormalities (Fig 5), elucidating intercellular communication via colocalization analysis, and identifying RNA modification-related candidate molecules through single-cell analysis(Figs. 4 and 5).

• Social Relevance of the Progress: The study aims to understand how environmental stimuli affect cellular quality and adipocyte quality at the molecular level, contributing to new treatments for obesity and lifestyle diseases.

# Step3 Epitranscriptome

RNA modification regulates epigenome?

| March | March

RNA stability
Subcellular localization
Translation Efficiency
Epigenomic control?
HDM
ON
Ucp1

m<sup>6</sup>A, mRNA modification
HDM, histone demethylase (epigenomic enzyme)
Pol II, RNA polymerase II

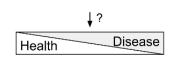


Figure 4. the regulation of cell states and properties via epigenomic-RNA modifications axis (Hypothesis model)

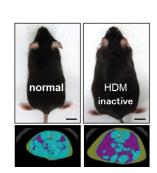


Figure 5. Obese mice caused by inactivation of HDM

Homepage Address, etc. •http://www.metab.med.tohoku.ac.jp/ (Tohoku University Graduate School of Medicine, Molecular Physiology and Metabolism division)

•http://www.mm.rcast.u-tokyo.ac.jp/ (Metabolic Medicine division, Research Center for Advanced Science and Technology, The University of Tokyo)